

This is as simple as making a pancakes. Just as good as ANYTHING fried, you will love the flavor that these bananas and a coating of coconut give. This is a great dessert after a great meal.

Batter Fried Bananas

- 1 cup rice flour
- 1/8 tsp. salt
- 1/2 cup coconut milk
- 1 tbs. oil
- 2 egg yolks
- 2 egg whites. Beaten stiff
- 1/2 cup flaked coconut
- 5 bananas, peeled and sliced in 1-inch lengths

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Fat for deep frying

Sift the flour and salt into a bowl; beat in the coconut milk, oil, and egg yolks until smooth. Fold in the egg whites and coconut. Dip the bananas into the batter.

Heat the fat to 380 degrees. Fry a few pieces at a time until delicately browned. Drain and serve hot.



Bananas can be refrigerated for several days to stunt ripening. Although the skins of refrigerated bananas will turn brown, the fruit itself will be fine. Allow the refrigerated fruit to come to room temperature before consuming for full flavor.

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