

This is a Italian Anise slices. Try this bread with your favorite tea or coffee. Or you can even enjoy this in the morning with a little butter.

Aunt Lena's Anise Slices

- 6 eggs
- 1 lb. flour
- 6 drops anise oil
- 1/2 lb. butter or shortening
- 1/2 cup sugar
- 1 tsp. baking powder
- 1/2 tsp. salt

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Beat 5 eggs with salt; add sugar; blend thoroughly.

Sift flour and baking powder; add to eggs and sugar mixture. Add anise oil (which may be purchased at the drugstore), softened butter or shortening; mix well. Knead until dough is smooth and manageable. Then roll dough into oblong loaf 5 inches broad and about $\frac{3}{4}$ inch thick. Brush with 1 beaten egg; sprinkle with sugar; cut into 1 inch slices.

Place slices in greased baking pan; bake for 15 minutes in moderate oven, or until light brown.

Enough for 2 $\frac{1}{2}$ dozen slices. An unusual flavour!



A basic bread loaf can be made with four ingredients, being flour, yeast, water or additional liquids, and salt. To this short list, you can add a variety of interesting and delicious ingredients such as seeds, nuts, nut butters, dried fruits, raisins, dates, to name a few to create hundreds of unique and flavorful breads.

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