

These Sesame Seed Cookies are wonderful Italian cookie with the great flavor of sesame seeds. This is a great cookie to dip or to have with espresso. Not too sweet, crunchy, full of flavor and store very well in or out of a freezer.

### Sesame Seed Cookies - Jih Maah Baang

- 1/2 cup leaf lard or oil
- 2 cups sifted flour
- 3/4 tsp. baking powder
- 1/2 cup sugar
- 1 egg, beaten
- 2 tbs. ice water
- 1 egg yolk
- 3/4 cup sesame seeds
- Preheat oven to 375 degrees.

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If lard is used, melt it and cool slightly. Sift the flour, baking powder, and sugar into a bowl. Make a well in the center and drop the lard or oil, the egg, and water into it. Work in the flour mixture with the hand until a smooth ball of dough is formed. Roll out 1/8-inch thick on a lightly floured surface. Cut with a cookie cutter; arrange on a greased cookie sheet. Brush with the egg yolk and sprinkle with the sesame seeds. Bake 12 minutes or until browned.



When adding dried fruit like raisins or currants to the cookie or bread dough make sure they are soft, not hard and shriveled. To reconstitute hard, dried fruit pour boiling water over them, let sit 4 to 5 minutes then strain. Proceed as recipe directs.

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