

Kasutera is a sponge cake made of sugar, flour, eggs, and starch syrup. It is a specialty of Nagasaki Japan, but the cake is originally from Spain.

Japanese Sponge Cake - Katsetura

- 5 eggs
- 2/3 cup sugar
- 1/4 cup honey
- 3/4 cup sifted flour
- 3/4 tsp. double acting baking powder
- 2 tbs. confectioners' sugar

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Preheat the oven to 350 degrees. Oil an 8 x 8 inch brownie pan or 9 x 12 inch loaf pan and dust lightly with flour. Beat the eggs until light, and then add the sugar and honey. Beat until thick (about 10 minutes). Sift the flour and baking powder into the mixture; beat only until smooth. Turn into the pan. Bake 40 minutes, or until a cake tester comes out clean. Cool on a cake rack for 10 minutes, and then turn out onto the cake rack until completely cool. Turn right side up and sprinkle with confectioners' sugar.



The Portuguese brought the Japanese many unusual things such as guns, tobacco, and pumpkins. Kasutera was also one of the things they brought. Kasutera was able to be preserved for a long period of time so it was necessary for the sailors who were out on the sea for months.

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