

Custard is a British institution! Sponge puddings and crumbles just wouldn't be the same without it! With this unbelievable caramel syrup on top, this is by far the best dessert!

Custard with Caramel Syrup - Leche Flan

- 3/4 cup dark brown sugar
- 2 tbs. water
- 4 eggs
- 2 egg yolks
- 1 cup granulated sugar
- 1/8 tsp. salt
- 2 cups coconut cream

Cook the brown sugar and water until syrup is formed. Pour a little into the bottom of 8 custard cups.

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Beat the eggs, egg yolks, sugar, and salt until light, and then beat in the coconut cream gradually. Pour into the custard cups. Place in a shallow pan of hot water. Bake in a 350 degree oven for 45 minutes or until the custard is firm. Run a knife around the sides and turn out.



Custard is a recipe that is based on heating, blending and slowly cooking a varying amount of egg yolks, milk and sugar. It is often flavored with vanilla, in the form of the seeds from a vanilla pod, although you can more or less make any flavor of custard by adding other ingredients.

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