

This orange sponge cake is light and delicious. It is also great if you add an orange glaze. Serve this for your next tea party.

Orange Sponge Cake



- 4 egg yolks
- 1 1/4 cups sifted cake flour
- 3/4 cup sugar
- 4 egg whites
- 1/3 cup orange juice
- 1/8 teaspoon salt
- 2 teaspoons grated orange rind

Preheat oven to 350°. Place oven rack on middle level. Grease a 9-inch layer cake pan and dust lightly with flour.

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Beat the egg yolks, and then gradually add the sugar (reserving 2 tablespoons) beating with an electric mixer or wire whisk until thick and light. Beat in the orange juice and rind, and then mix in the flour.

Beat the egg whites and salt until soft peaks are formed then beat in the reserved sugar until stiff but not dry. Fold half the egg whites into the flour mixture then fold in the remaining egg whites lightly. Turn into the pan. Bake 30 minutes or until browned and slightly shrunk away from the sides of the pan. Cool in the pan 5 minutes, then run a spatula around the edge and turn out onto a cake rack. Turn right side up and let stand until cold. Sprinkle with powdered sugar.



If you use shortening to grease the pan, you can avoid the mess by using a paper towel to spread the shortening or by putting a plastic sandwich bag over your hand. Then sprinkle flour on top of the shortening and tap the sides of the pan to coat the shortening with the flour.

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