

This is a nice light cake with very little fat. It is really good with a broiled coconut icing and a hot cup of tea.

### Hot Milk Sponge Cake

- 1 cup sifted cake flour
- 1 cup sugar
- 1/4 teaspoon salt
- 1 teaspoon vanilla extract
- 1 teaspoon baking powder
- 1 tablespoon butter
- 2 eggs
- 1/2 cup milk

Preheat oven to 350°. Grease only the bottom of an 8-inch square baking pan and dust lightly with flour.

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Sift together the flour, salt and baking powder. Beat the eggs in a bowl until light and thick. Gradually beat in the sugar then stir in the vanilla. Add the flour mixture gradually, stirring just until blended. Bring the butter and milk to a boil; add to the previous mixture, stirring steadily until smooth. Pour into the prepared pan. Bake 25 minutes or until a cake tester comes out clean. Cool on a cake rack.



Sponge cakes are European-style cakes, and are a fundamental block in your cake-building repertoire. Unlike butter cakes and chiffon cakes, sponge cakes include little or no fat, other than what's in the egg yolks.

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