

This is the best bread I've ever had! It really has a great consistency and smells WONDERFUL while baking. Topped with cherries, it really is Scrumptious!

Express Delight



- 2 eggs
- 1 cup skimmed milk
- 2 tbsp. corn syrup
- ¼ tsp. nutmeg
- 8 slices whole wheat bread, crusts removed
- 2 tsp .butter
- 10 ½ oz. black cherries, thawed and drained, saving juice
- ¼ cup granulated sugar
- 2 tbsp. cornstarch, diluted in a little water
- 2 oz. semi sweet chocolate flakes

In a shallow dish, beat eggs, milk, corn syrup and nutmeg together. Soak bread in egg mixture.

Melt butter in a nonstick frying pan. Add bread and cook slices on both sides. Keep warm.

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small saucepan, pour cherry juice and sugar. Bring to a boil, thicken with cornstarch. Add cherries and remove from stove.

Place 1 bread slice on each plate, garnish with cherries .Layer another bread slice and sprinkle with chocolate flakes. [4 servings]



All fats used for cakes should be at room temperature for the best results. If not they will not blend well with all the ingredients.

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