

This is the best banana bread I have ever had!! It is so moist, I believe it is due to the over ripe bananas and the melted icing. You must try it!!!

Banana Puree Bread

- 1/3 cup corn oil
- ¼ cup corn syrup
- 1 ½ cups banana puree
- 2 eggs
- 1 cup whole wheat flour
- 1/2 cup all purpose flour
- ½ cup sugar
- 2 tsp. baking powder
- 1 tsp. salt
- ½ tsp. baking soda

Preheat oven to 350 degrees F.

In a food processor, mix oil, corn syrup, banana puree and eggs, set aside.

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In a large bowl, mix flours, sugar, baking powder, salt and baking soda.

Gradually pour liquid mixture over dry ingredients while stirring with a wooden spoon; mix just enough to moisten.

Pour into a greased loaf pan, bake 50 minutes.

Melted Icing:

- 2 tbsp. milk
- 2 tbsp. lemon juice
- 1 ½ cups icing sugar

In a saucepan, heat milk and lemon juice. In a medium sized bowl, add icing sugar. Gradually add warm milk, just enough to have the desired consistency to run smoothly over the cake.



Do you get nerves? Bananas are high in B vitamins that help calm the nervous system.

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Turn out cake and garnish with melted icing.